

Dinners

served with choice of Baked Potato(after 4 PM), Mashed, French fries,
Cole slaw, Vegetable, Cottage cheese.

Grilled Steak19.79
10 oz. Rib-eye steak topped with mushrooms

Stuffed Chicken Breast14.59
A boneless chicken breast stuffed with a delicious stuffing
Grilled or Fried topped with gravy

Homemade Meatloaf12.59
This is the one meatloaf that's as good as what you'd get at home
in Mom's kitchen.

Vermont Turkey Dinner13.99
Real turkey, oven roasted with stuffing and turkey gravy

Chicken Cordon Bleu13.99
Old School Favorite fully prepared Chicken stuffed with swiss
cheese and ham topped with warm gravy

Grilled Chicken Cordon Bleu14.99
Grilled Chicken with swiss cheese and ham topped with a warm
gravy

Flat Iron Steak17.99
8 oz. Angus beef shoulder served with side Au Jus

Grilled Pork Chops.....17.29
2 - 5oz chops

Smothered Grilled Chicken.....14.29
topped with Spinach, Mushrooms and swiss Cheese

Add a Cup 3.59 or Bowl of soup 4.59

House salad 3.79

Cup 4.29 or Bowl of 5.29 chowder

Seafood

Fish and Chips15.99
Strips of Haddock served with French fries and slaw

Clam Strips12.29
Tender surf clams with real New England Tartar sauce

Broiled Haddock17.99
In a garlic butter
Fried Sea Scallops.....17.59
North Atlantic Scallops dipped in panko crumbs served golden brown

Pasta

Homemade Lasagna9.99
It's one of the best loved Italian dishes
Spaghetti with Marinara Sauce7.99
With Meatballs10.99
With Sausage11.99
Homemade Mac n' Cheese8.99

Fried Chicken

with Potato, Vegetable & Roll

4 Piece Breast, leg, wing and thigh.....13.29
2 Piece Breast and wing10.29
2 Piece Dark Meat Leg & Thigh9.79

Fried Chicken to take Home

21 Piece with 2 large sides 1 small serves 6-8.....41.99
15 Piece with 2 large sides serves 4-531.99
9 Piece with 2 large sides serves 2-324.99

Available with French fries, coleslaw, or mashed potato and gravy
Miscellaneous charges for chicken substitutions



Jensen's
Family Restaurant

Route 7, Bennington, Vermont

Call-in Orders: (802) 442-3333
www.JensensFamilyRestaurant.com

*Under the same family management
since 1961.*

Beverages

**Root Beer. Mt. Dew, Pepsi, Diet Pepsi. Sierra Mist,
Lemonade. Seltzer or Raspberry Ice Tea.....1.95**

Root Beer Floats3.99
Bottled Water.....1.75
A&W Sugar Free Root Beer, DR. Pepper or Orange (12 oz. cans) 1.99
Shakes - Chocolate. Vanilla. Strawberry or Coffee ... (2 scoops) 6.29
Milk small 1.79 large2.49
Chocolate Milksmall 1.89 large.....2.59
Coffee, Decaf, Hot Tea, Iced Tea
(Free Re-fill)2.25
Juice - Orange, Tomato, Cranberry, Apple small 2.50 large2.95
Mug of Hot Chocolate.....2.29
Kids Soda or Milk.....1.80

House Wines

Chardonnay 5.29
Merlot5.29
White Zinfandel5.29
Pinoit Grigio5.29
Beers4.59
Michelob Lite, Bud Lite, Coors lite, Budweiser
Ales4.99
Long Trail – Brewed in Vermont

PLEASE SEE TABLE CARD FOR ADDITIONAL BEER AND WINES

Soups		
Soup of the Day		
Bowl.....	5.29	Cup.....4.29
Baked French Onion Soup		
Bowl	6.29	
New England Clam Chowder		
Bowl.....	5.79	Cup 4.79
Homemade Chili		
Crock	6.25	

Appetizers		
Breaded Mushrooms	5.99	
Cheese Sticks	6.59	
Potato Skins	6.99	
Topped with bacon and melted cheese, then broiled		
Fried Green Beans	5.99	
Fried Cauliflower	5.99	
Basket of Kettle Chips	3.29	

Sides		
Mashed Potatoes	3.99	
Baked Potato w/butter (After 4:00)	2.79	
Cole Slaw	3.79	
Fresh Veggie	2.99	
French Fries	3.99	
Onion Rings	6.29	
Sweet Fries	4.79	
Tossed Salad	4.99	
Tomato, Onions, Peppers, Cucumber, Cheese, topped with Croutons		

Salads		
Susie's Green Mountain Salad		
Topped with grilled chicken breast	9.99	
Shrimp	10.79	
Chef Salad	11.59	
Served with turkey, ham, roast beef and cheddar, egg, cheese strips, plus salad fixings		
Caesar Salad	6.29	
Traditional Caesar add chicken.....	9.79	add shrimp.....10.59
Asian Chicken Salad	9.99	
Greens topped with grilled chicken, tomato, pepper, cucumber, almonds, mandarin oranges and crispy noodles. Served with a Asian sesame dressing		
Waldorf Chicken Salad	9.99	
Greens, grilled chicken, tomato, cucumber, apple, walnuts, cranraisins. Served with poppy seed dressing		

The Sandwich Board	
Served with chips or upgrade to a platter with fries and slaw 3.79	
Homemade Meatloaf	7.29
Served warmed or cold on a Kaiser roll	
Bacon, Lettuce & Tomato	6.99
Western Egg	6.79
Grilled Cheese	4.59
Fish Fry	7.59
An old time favorite	

1/2 Sandwich of Chicken Salad or Tuna Salad	4.29
Add Cup of Soup	8.29
Add House Salad	9.29
Add Cup of Chowder	8.89

Grilled Chicken Breast	8.29
Topped with lettuce, tomato and your choice of mayo, cranberry mayo or sweet & sour sauce	
Grilled Pesto Chicken Breast	8.99
Topped with homemade pesto, provolone & tomato	
Grilled Portabella Mushroom	6.59
Topped with provolone & served on a Kaiser roll..add grilled pepper & onions	
Filet of Haddock	8.59
On a Kaiser roll	
Grilled Ham & Cheese	6.99
Overstuffed Turkey Club	10.29

Deli Sandwiches		
<i>served with Lettuce and tomato, Choice of bread, add cheese .50 per slice</i>		
Roast Beef...	8.29	Ham... 7.49
		Turkey... 7.79
Chicken Salad or Tuna Salad...7.29		

Wraps	
Wraps_choice of Whole wheat or Garlic herb	
Waldorf Wrap	9.29
Turkey, lettuce, tomato, cucumber, apple, walnuts, and topped with cranmayo dressing	
Crispy Chicken Caesar Wrap	8.99
Chicken tenders, lettuce, bacon, Parmesan cheese, topped with Caesar dressing	
Veggie	6.99
Lettuce, tomato, onions, peppers, mushroom, cucumber Add cheese .50 per slice	

Burgers, Dogs and Chicken Tenders	
All burgers are freshly prepared beef and hand pressed Served with chips or upgrade to a platter with fries and slaw 3.79 substitute onion rings or sweet fries 1.00	
Route 7 Burger	7.99
Upgrade to a 1/2 lb.	9.99
Ham, VT cheddar, lettuce and tomato	
1/2 Lb. Turkey Burger	7.59
With lettuce and tomato	
Bacon Cheeseburger	7.99
Upgrade to a 1/2 lb.	9.99
Bacon, cheese, lettuce, tomato and dressing	
Swiss Mushroom Burger	6.29
Upgrade to a 1/2 lb.	8.29
Cheeseburger	5.99
Upgrade to a 1/2 lb.	7.99
Cheese of your choice, ketchup, mustard,pickles or relish	
Hamburger	5.29
Upgrade to a 1/2 lb.	7.29
Choice of condiments: ketchup, mustard,pickles or relish	
Hot Dog 100% all beef	4.29
Chili Dog Made with our homemade chili	4.79
Chicken Tenders Prepared fresh	8.29
Black bean veggie burger	7.99

Hot Sandwiches	
Hot Turkey	10.59
Oven roasted served on white bread and smothered with gravy. served with mashed potato or French fries and choice of cole slaw or cottage cheese	
Hot Roast Beef	11.59
Oven roasted served on white bread and smothered with gravy. Served with mashed potato or French fries and choice of cole slaw or cottage cheese	
Philly Steak	11.99
Slice Sirloin on a grilled hoagie roll with fried onions, peppers, mushrooms and melted cheddar	
Meatball Grinder	9.99
Sausage Grinder	10.29
With fried onions, peppers, cheese and marinara on a hoagie roll	

Consuming raw or undercooked meats, poultry, seafood, shell fish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.